

Skills for Life. Tools for Work.

A structured programme for young adults with neurodiversity, cognitive, and psychosocial challenges. The programme, with an NQF Level 1, is adapted to develop independence, confidence, and employability.

1. TRAINING

6 months

Integrated within Hygiene & Cleaning Curriculum

- Life Skills & Work Skills
- Lifestyle & Financial Management
- Personal Empowerment

2. JOB SAMPLING

6 months

Application of practical skills in real job environments with continuous support from our job coach.

Support includes the:

- Adaptation of tasks to individual abilities
- Teaching of appropriate work behaviours and soft skills
- Facilitation of communication between students and staff



3. CANDIDATE EMPLOYMENT

Graduates gain access to:

- Employment support
- Job placement assistance
- Ongoing support with CV writing and interview preparation



Step by step training to empower young adults for independent, purposeful lives.